

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
November 9, 2009		November 10, 2009		November 11, 2009		November 12, 2009		November 13, 2009	
		Staff & Faculty - \$3.00		H O T L U N C H		Students - \$2.75			
Baked Macaroni & Cheese Mixed Vegetables Dinner Roll Peach Cup		Meatloaf Mashed Potatoes Green Peas Applesauce cup		Chicken Nuggets Steamed Carrots Buttered Noodles Mixed Fruit Cup		Spaghetti & Meatballs Garlic Bread Stick Green Beans Pear Cup		Toasted Cheese Sandwich Tater tots Carrot & Celery Sticks Assorted Desserts	
		ALSO AVAILABLE EVERYDAY FOR HOT LUNCH		Milk * Salad of the Day * Assorted Sandwiches					
Chicken Noodle Soup		Creamy Potato Soup		Italian Wedding Soup		N.E. Clam Chowder		Tomato & Three Cheese	
				A L A C A R T E					
Veggie Pasta Salad \$4.25		Southwest Chicken Salad \$4.75		Tortellini Salad \$4.25		Antipasto Salad \$4.50		Taco Bean Salad \$4.75	
Turkey B.L.T. Wrap \$4.75		Roast Beef & Provolone on a Portuguese Roll \$4.75		SUBWAY BAR \$5.00		Ham & Swiss w/Red Peppers on Rye \$4.50		Italian Combo Wedge \$4.75	
Meatball Wedge \$3.50		Cheese Ravioli \$3.75		Steak & Cheese \$3.50		Grilled Pesto Chicken Melt \$3.75		Spicy Spirals \$2.50	
Mozzarella Sticks \$3.00		Veal Parmesan Wedge \$4.00		Cheese Calzone \$3.50		Baked Ziti \$3.75		Hot Pocket Stick \$2.00	
Cheese Quesadilla \$2.00		Chicken Quesadilla \$2.00		Cheese Quesadilla \$2.00		Chicken Quesadilla \$2.00		Cheese Quesadilla \$2.00	
Cheeseburger \$3.00		Sweet & Sour Chicken \$4.50		Cheeseburger \$3.00		Personal Pizza \$3.00		Cheeseburger \$3.00	
Popcorn Chicken \$4.25		Personal Pizza \$3.00		Bosco Sticks \$3.00		Chicken Rings w/potato \$4.25		Spicy Chicken Tenders \$4.25	
Pepperoni Pizza \$2.50		Tomato Garlic Pizza \$2.50		Pepperoni Pizza \$2.50		White Garlic Pizza \$2.50		Pepperoni Pizza \$2.50	
EVERY DAY A LA CARTE ITEMS									
Fruit & Yogurt Parfaits * Tossed Green & Caesar Salads * Fresh Fruit Salad * Gourmet Pizzas * Turkey & Garden Burgers on Whole Grain Buns									
DRINKS Tropicana Juices & Smoothies * Bottled Spring Water * 100% Snapple * Milks: Low Fat - 2% - Vanilla - Skim - Chocolate									
DESSERTS & BAKERY Apples * Oranges * Bananas * Yogurt * Pudding * Gelatin * Hot Pretzels * Fresh Bagels * Baked Muffins * Sugar Free & Reduced Fat Cookies									